

AOFAS Midfoot Scale

Patient Name: _____

Patient MRN: _____

Date: _____

I. Pain (40 points)

| | |
|--|-----|
| <input type="checkbox"/> None | +40 |
| <input type="checkbox"/> Mild, occasional | +30 |
| <input type="checkbox"/> Moderate, daily | +20 |
| <input type="checkbox"/> Severe, almost always present | +0 |

II. Function (45 points)

Activity limitations, support requirements

| | |
|--|-----|
| <input type="checkbox"/> No limitations, no support | +10 |
| <input type="checkbox"/> No limitation of daily activities, limitations of recreational activities, no support | +7 |
| <input type="checkbox"/> Limited daily and recreational activities, cane | +4 |
| <input type="checkbox"/> Severe limitation of daily and recreational activities, walker, crutches, wheelchair | +0 |

Footwear requirements

| | |
|--|----|
| <input type="checkbox"/> Fashionable, conventional shoes, no insert required | +5 |
| <input type="checkbox"/> Comfort footwear, shoe insert | +3 |
| <input type="checkbox"/> Modified shoes or brace | +0 |

Maximum walking distance, blocks

| | |
|---|-----|
| <input type="checkbox"/> Greater than six | +10 |
| <input type="checkbox"/> Four-six | +7 |
| <input type="checkbox"/> One-three | +4 |
| <input type="checkbox"/> Less than one | +0 |

Walking surfaces

| | |
|---|-----|
| <input type="checkbox"/> No difficulty on any surface | +10 |
| <input type="checkbox"/> Some difficulty on uneven terrain, stairs, inclines, ladders | +5 |
| <input type="checkbox"/> Severe difficulty on uneven terrain, stairs, inclines, ladders | +0 |

Gait abnormality

| | |
|---------------------------------------|-----|
| <input type="checkbox"/> None, slight | +10 |
| <input type="checkbox"/> Obvious | +5 |
| <input type="checkbox"/> Marked | +0 |

III. Alignment (15 points)

| | |
|--|-----|
| <input type="checkbox"/> Good, plantigrade foot, midfoot well aligned | +15 |
| <input type="checkbox"/> Fair, plantigrade foot, some degree of midfoot malalignment observed, no symptoms | +8 |
| <input type="checkbox"/> Poor, nonplantigrade foot, severe malalignment, symptoms | +0 |

IV. Total Score (100 points):

_____ Pain Points +

_____ Function Points +

_____ Alignment Points =

_____ Total Points/100 points